Surrogate endpoints in clinical trials of regenerative therapy

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Popular endpoints

- Contractile function
 - Global
 - Regional
- Vascular function
 - Perfusion
- Metabolic function
 - Glucose uptake
- Structural/morphological
 - Viable tissue vs scar
 - Chamber volumes



Considerations in assessing endpoints

- Predictive value for mortality and morbidity
- Insights into mechanism of action and/or pathophysiology
- Utility based on experience with drugs and devices

re gen \cdot er \cdot a \cdot tion *n*. "Regrowth of lost or destroyed parts or organs."

The American Heritage® Dictionary of the English Language, 4th Edition ©2000

Criteria for regeneration

- growth of new healthy tissue
- improvement of function in regrown area



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Predictive value/MOA insight

- Fair/Poor
- ?/Good
- ?/Good
- ?/Good
 - Good/Excellent
 - Good/Good



Emerging insights

- Relevant morphological and functional endpoints required to establish therapeutic regeneration
- "Regeneration" used loosely to date; some cells may work clinically without inducing regeneration
- Predictive utility in regenerative applications not yet established; new guiding principles needed
- If regeneration improves clinical outcomes, then endpoints indexing regeneration may deserve particular attention going forward

